Symbolic Dynamics from Chaotic Time Series

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INTRODUCTION

Following the ideas of Ruelle and others [1,2], an embedding phase space can be reconstructed from experimental systems on the basis of time series data. The introduction of numerical methods for calculating dimensions, entropies, Lyapunov exponents and other related properties, has permitted extensive investigations of chaotic experimental systems these last years. However, severe restrictions about the applicability of these methods were noticed, especially for high dimensional systems [3-6].

In this paper, we use the symbolic description as an alternative approach to analyze chaotic dynamical systems, independently of any phase space reconstruction algorithms. The idea is to compress the information contained in continuous variables into a sequence of symbols which can be studied with standard statistical tools, in order to gain some quantitative knowledge about the system's dynamics. In section 1, we show from a model system that a symbolic description can reveal useful information about the regular or irregular aspects inherent to the chaotic dynamics. In section 2, we study two biological systems for which patterns of activity are repeated at irregular intervals. Here again, the symbolic dynamics will provide interesting information on how these intervals are interrelated.

1. SYMBOLIC DYNAMICS FROM THE ROSSLER MODEL

For the Lorenz attractor, Aizawa [7] associated the letter L (resp. R) to each orbit if the trajectory was on the left (resp. right) side of the attractor. The sequence of symbols reflects the succession of visits of the trajectory in either side of the attractor. He showed that for a given set of parameters the sequence of symbols may be a zeroth order Markov process (Bernoulli process [8]). In other words, a deterministic system described by three coupled nonlinear differential equations of the first order may generate a sequence of totally uncorrelated symbols, if they were generated by a stochastic process such as the above-mentioned.

More generally, it has been shown [9] that certain classes of chaotic dynamical systems can be mapped into a well defined stochastic process described by a master equation. This process can be of high order.

Here, we consider the three variable Rössler model [10]:
Starting from an initial condition \((X=Y=Z=1.)\) the system reaches a chaotic attractor \((a=0.38, b=0.3, c=4.5)\) after a sufficient time for transients to die out (300 units of time).

The mapping into symbolic dynamics will be performed when a variable crosses a prescribed threshold \(L\). a symbol
2. SYMBOLIC DYNAMICS FROM BIOLOGICAL TIME SERIES

Figure 2 depicts the time evolution of two biological signals for which a characteristic event is produced irregularly. The first signal (Fig. 2.a) represents the electrocardiogram (ECG) of a normal human heart and is measured at the level of the thorax. The second signal (Fig. 2.b) shows the electrical activity of the human brain (electroencephalogram or EEG) recorded during a pathological state near deep coma. The recording of the electrical potentials and the digitization were performed using standard techniques which will not be described here (more details can be found in [14] for 2.a and in [4] for 2.b). The reconstruction of phase portraits and the evaluation of the correlation dimension \(4, 5, 14\) or Lyapunov exponents [14] all point to the same conclusion, namely that the electrical activity of the heart as well as the brain waves may follow chaotic dynamics. We will show here that the symbolic description provides an alternative approach which can be very useful to the analysis of this kind of systems [13].

![Figure 2](image)

**Figure 2.** (a) Electrical activity of the heart (ECG) recorded at the level of the thorax from a normal human subject. (b) Electrical activity of the human brain (EEG) during a pathological state.

We will use here a different type of mapping into symbols, which takes temporal information into account (temporal mapping). From Fig. 2, it is seen that both for ECG and EEG recordings, potential spikes are produced at irregular time intervals. In the case of EEG, the distribution of inter-spike time intervals may be bimodal. In this case, associating a symbol to each peak of the distribution is equivalent to studying the succession of "short" and "long" intervals. Therefore, in this case, it is natural to associate a symbol to the duration of the interval. In the following paragraphs, the intervals will be partitioned in \(n\) subsets depending on the duration and each subset will be associated with a prescribed symbol.

![Figure 3](image)

**Figure 3.** Test statistic \(\chi^2\) vs. order \(k\) for the sequences of symbols extracted from the signals of fig. 2: (a) ECG (\(N=2132\)), (b) EEG (\(N=1756\)). Several different partitions of the interval in \(n\) symbols have been considered: \(n=2\) (+), \(n=3\) (X), \(n=4\) (triangles) and \(n=5\) (squares). (c) Third order Markov process obtained numerically from a random number generator.

Figure 3 displays the values of \(\chi^2\) obtained respectively from the sequences of ECG (fig. 2a) and EEG intervals (fig. 2b). The order of the corresponding Markov process
deduced from the convergence of $\chi^2$ is of about three for ECG intervals (see fig 3c for comparison). In the case of the EEG intervals, $\chi^2$ converges to zero at $k = 6$ (Fig. 3b). The convergence of $\chi^2$ to zero does not depend significantly on the number $n$ of different symbols used in the partition of the interval. Actually, different values of $n$ were tested (from $n=2$ to $n=5$) and give similar results. Two results are to be retained: a) the succession of time intervals is far from being uncorrelated and b) the order of the process does not depend on the number of symbols $n$.

One of the most remarkable facts is that these sequences produce only few words with high frequency while some other words never appear. Among all the $2^9$ possible words of length $L=9$ ($n=2$), only 279 were realized by the dynamics of ECG intervals and only 151 words were seen in EEG sequences (for comparison, the Rössler model produced only 21 sequences among $3^7$ [11]). This finding shows that despite the apparent irregularity of these symbol sequences, strong "grammatical rules" may exist. These rules probably reflect the deterministic nature of the underlying dynamical system.

CONCLUSION

The mapping of the Rössler model into symbolic dynamics reveals highly correlated sequences of symbols, according to the strong regularities inherent in the structure of the attractor. From the reformulation of hypersymbols, it appears that the dynamics redox...